

# ASC Club Competition Announcement Saturday, April 11, 2015

This season, the Ajax Skating Club will be holding its annual Club Competition on Saturday, April 11, 2015 from approximately 9:00 a.m. to 4:00 p.m. (Arena 3).

The focus for this competition is on FUN! Club Competition is open to all ASC skaters registered for the 2014-15 season (CanSKaters must be registered for the Spring Season), in good financial standing with the club. This is a great opportunity for skaters to try competing for the first time, in their home arena. Each skater will receive a goody bag when they arrive and a medal or ribbon before they leave.

**ENTRY DEADLINE**: Entry forms and fees must be submitted to the skating office no later than Saturday, March 21, 2015.

**REFUNDS AND WITHDRAWALS**: No refunds will be given after March 21, 2015. Refunds for medical reasons only will be granted after this date provided notice is given of the medical withdrawal PRIOR to the start of the competition.

**TEST REQUIREMENTS**: Test qualifications are as of February 1, 2015.

**SINGLE ENTRIES:** Categories with only one entry will be given the option of skating an exhibition or skating in a higher category if it is available. Medals will be awarded for exhibition skates.

**MALE ENTRIES:** Two or more male entries in any category will skate in their own group. A single male has the option of skating with the females or skating an exhibition.

**SKATING UP:** Skaters may compete one category higher than they are qualified for; however, they may not then compete in the category for which they are qualified. (i.e. for Saphire Freeskate by enter Emerald Freeskate - but not both.)

**FEE PAYABLE**: Entry forms will not be processed without full payment. All cheques should be made payable to "Ajax Skating Club". No post-dated cheques please. A \$25.00 service charge will apply to cheques returned by your bank.

**VOLUNTEERS**: Volunteers will be needed throughout the day in order to make this event a success. Please fill out the information at the bottom of the entry form if you are able to donate some of your time. This is an easy way for high school students to fulfill some of their community service hours.

**PRODUCT DONATION:** There are various product donations that would be of benefit to this event such as food for the hospitality room (for officials and volunteers) and items for skater goody bags; bottled water, individually wrapped snacks (preferably nut-free), discount coupons, product samples, etc. If you are able to make a donation, please send an email to ascdirectorthree@hotmail.com. Kristy Taylor, Volunteer board member, will confirm your offer to bring a donation so we don't have duplicates.

### LEARN-TO-SKATE INDIVIDUAL ELEMENTS

Description: Skaters will be divided into groups and perform the elements on a circuit.

This category is open to CanSkate members only. Skaters who are skating on STARSkate sessions and/or have passed any part of any Skate Canada test must enter one of the other categories.

ALL CanSkaters, up to and including Stage 5, must wear a CSA approved hockey helmet while on the ice.

Elements will be assessed to standard & certificate/ribbon will be awarded.

ASC Stage 2	Skaters must have passed the	1. Forward stop
AGC Glage Z	complete Stage 1 badge, but	2. Forward 2 foot sculling
	not the complete Stage 2	3. Forward 2 foot turn (CW or CCW - skater's
	badge.	choice)
	bauge.	4. Backward 2 foot sit glide
ASC Stage 3	Skaters must have passed the	1. Forward circle thrusts (CW or CCW - skater's
AGC Glage 3	complete Stage 2 badge, but	choice)
	not the complete Stage 3	2. Backward 2 foot jump
	badge.	3. 2 foot quick turn forward to backward and
	badge.	backward to forward (CW or CCW - skater's choice)
		4. Backward 2 foot sculling
ASC Stage 4	Skaters must have passed the	1. Backward circle thrusts (CW or CCW - skater's
/ CO Clago I	complete Stage 3 badge, but	choice)
	not the complete Stage 4	2. Backward 360• step turn (CW or CCW - skater's
	badge.	choice)
		3. 2 foot jump forward to backward and backward to
		forward (CW or CCW - skater's choice)
		4. Forward inside slalom
ASC Stage 5	Skaters must have passed the	1. Forward 2 foot side stop (CW or CCW - skater's
	complete Stage 4 badge, but	choice)
	not the complete Stage 5	2. Backward push/glide sequence, full perimeter
	badge.	(CW or CCW - skater's choice)
		3. Forward power jump
		4. Forward crosscuts - figure 8
ASC Stage 6	Skaters must have passed the	1. Forward 1 foot side stop (left or right - skater's
	complete Stage 5 badge, but	choice)
	not the complete Stage 6	2. Backward perimeter skating with crosscuts (CW
	badge.	or CCW - determined by draw)
		3. Forward 180• step turn (mohawk) (RFI-LBI or LFI-
		RBI - skater's choice)
		4. Forward outside edges

#### INDIVIDUAL CATEGORIES FOR JUNIOR, SENIOR and ADVANCED SKATERS Freeksate: Skaters are only permitted to enter one Freeskate category.

Elements will be assessed to standard & certificate/medal will be awarded for ASC Stage A – ASC Stage C categories; all others will be ranked & medal/ribbon will be awarded. No detailed results will be provided to skaters. Categories with only one skater will be run as an exhibition and judges will comment. Skaters may be grouped by age.

ASC STAGE A	May not have passed any part of the Senior Bronze Free Skating
	Test (Geared to those skaters who have not mastered more than
	three (3) single jumps).
ASC STAGE B	May not have passed any part of the Senior Bronze Free Skating
	Test. (Geared to skaters who have not yet mastered more than five
	(5) single jumps).
	Program Length: 1:00 or 1:30 minutes in length (+/- 10 seconds)
	Vocal music is not permitted.
ASC STAGE C	May not have passed any part of the Senior Bronze Free Skating
	Test. (Geared to skaters who have not yet mastered double jumps).
	Program Length: 1:30 or 2:00 minutes in length (+/- 10 seconds)
	Vocal music is not permitted.
ASC STAGE D	May not have passed any part of the Senior Bronze Free Skating
	Test. (Geared to skaters who have not yet mastered double jumps).
	Program Length: 1:30 or 2:00 minutes in length (+/- 10 seconds)
	Vocal music is not permitted.
TOPAZ FREESKATE	May have passed the complete Junior Bronze Freeskate test but no
	higher complete free skate test.
	Program Length: 2.0 minutes (+/- 10 seconds)
ASC STAGE E	May not have passed any part of the Junior Silver Free Skating
FREESKATE	Test. (Geared to those skaters working on double jumps but not yet
	ready for Pre-Juvenile/Senior Bronze).
	Program Length: 2:00 minutes in length (+/- 10 seconds) Vocal
	music is not permitted.
SAPPHIRE FREESKATE	May have passed the complete Senior Bronze Freeskate test but no
	higher complete free skate test.
	Program Length: 2.5 minutes (+/- 10 seconds)
EMERALD FREESKATE	May have passed the complete Junior Silver Freeskate test but no
	higher complete free skate test.
	Program Length: 3.0 minutes (+/- 10 seconds)
RUBY FREESKATE	May have passed the complete Senior Silver Freeskate test but no
	higher complete free skate test.
	Program Length: 3.0 minutes (+/- 10 seconds)
DIAMOND FREEKSATE	May have passed the complete Gold Freeskate test.
DIAMONDINELNOATE	Program Length: Women - 3.5 minutes (+/- 10 seconds)
	Frogram Length. Women - 5.5 minutes (+/- 10 seconds)

Elements: Skaters are only permitted to enter one Element category.

ASC STAGE A	Must NOT have passed Free Skate 1 or any Skate Canada test as	
	of Feb 1, 2015	
	1) Waltz Jump	
	2) Upright Spin (USp)	
	3) Forward Arabesque	
ASC STAGE B	Must NOT have passed Free Skate 2 or any Skate Canada test as	
	of Feb 1, 2015	
	1) Forward Spiral on a Curve	
	2) Any spin in 1 position (USp, SSp, CSp, or LSp)	
	3) Salchow	
	4) Toe Loop	
ASC STAGE C	Must NOT have passed Free Skate 3 or any complete Skate	
	Canada test as of Feb 1, 2015	
	1) Any spin in one position (USp, SSp, CSp, or LSp)	
	2) Loop Jump	
	3) Forward Spiral on Curve	
	4) Backward Upright Spin	
ASC STAGE D	Must NOT have passed FS 4 or any complete Skate Canada Test as of Feb 1, 2015	
	,	
	1) Camel (CSp)	
	2) Flip Jump 3) Forward Spiral	
	<ul><li>3) Forward Spiral</li><li>4) Backward upright spin</li></ul>	
TOPAZ ELEMENT	Must NOT have passed the complete Preliminary Free test.	
	1) Toe Loop	
	2) Flip	
	3) Lutz	
	4) 2 combination spin, No change of foot	
	5) Spiral sequence	
EMERALD ELEMENT	Must have passed Preliminary Free Skate but NOT passed Jr. BR	
	Free Skate test	
	1) Lutz	
	2) Flip	
	3) Axel	
	4) Loop	
	5) Split Jump	
	6) Combo Spin with change of foot	
	7) Spiral Sequence	
RUBY ELEMENT	Must have passed Jr. Bronze Free Skate but NOT passed Sr.	
	Bronze Free Test	
	1) Axel	
	2) Double Loop	
	3) Double Salchow	
	<ol> <li>Combination Spin (CoSp only, FCoSp or CCoSp)</li> </ol>	
	5) Change Combination Spin (CCoSp)	
	<ol><li>Sequence of two field moves</li></ol>	

## INDIVIDUAL DANCE CATEGORIES

#### INDIVIDUAL DANCE

Description: Individual skaters perform the prescribed dance. Music will be provided by ASC. All levels will be ranked & medal/ribbon will be awarded. No detailed results will be provided to skaters. Categories with only one skater will be run as an exhibition and judges will comment.

Dance 1	Not passed complete Preliminary Dance test
Dance 2	Not passed complete Junior Bronze Dance test
Dance 3	Not passed complete Senior Bronze Dance test
Dance 4	Not passed complete Junior Silver Dance test
Dance 5	Not passed complete Senior Silver Dance test
Dance 6	Not passed complete Gold Dance test
Dance 7	No test restrictions

DANCE: Dutch Waltz DANCE: Fiesta Tango DANCE: Fourteenstep DANCE: Rocker Foxtrot DANCE: Kilian DANCE: Quickstep DANCE: Silver Samba

# **RISING STARS CATEGORIES**

These categories are open to skaters who meet the criteria of a "Special Olympics" athlete only.

All levels will be ranked & medal/ribbon will be awarded. No detailed results will be provided to skaters. Categories with only one skater will be run as an exhibition and judges will comment

#### **RISING STARS Freeskate**

Skaters perform a free skating program to music. Skaters must supply their own music. Vocal music is not permitted. Costumes & Props are not allowed.. **Special Olympics Solo Dance** 

Individual skaters perform the prescribed dance(s). Music will be provided by ASC.

Α	Dutch Waltz – two patterns to be skated.
В	Dutch Waltz & Baby Blues – two patterns to be skated.
С	Ten Fox & European – two patterns to be skated.

#### FUN ELEMENTS EVENT

Skaters will be judged on:

- Distance in Jumps>> will be measured by tape measure in inches;
- Revolution in Spins>> will be counted only when the skater has obtained the basic spinning position;
- Length of Time in Spiral>> the position of the free leg must be maintained above the hip to be counted; spiral must be in an unsupported position (may not hold any party of the

leg, boot or blade with hand)

All Elements must be completed without serious error (i.e. fall, step-out, foot or hand down).

Skaters may NOT enter events at different levels (i.e. may not enter Bronze and Silver).

Skaters are entitled to reskate an element ONE time provided they request the reskate immediately after the initial attempt. In the event of a reskate the second element will be recorded regardless of success.

<u>BRONZE</u> – The skater must not have passed the complete Preliminary Freeskate test Bronze Jump

- Greatest distance in a waltz jump, measured from the point of take-off to the point of landing
  - Bronze Spin
- Most revolutions in a one-foot or corkscrew spin, counted from the first revolution in the basic position
  - Bronze Spiral
- Longest time in a moving unsupported spiral position

<u>SILVER</u> – The skater must not have passed the complete Sr. Bronze Freeskate test Silver Jump

- Greatest distance in a flip jump, measured from the point of take-off to the point of landing

Silver Spin

- Most revolutions in a back one-foot or corkscrew spin, counted from the first revolution in the basic position
   Silver Spiral
- Longest time in a moving unsupported spiral position

- Greatest distance in a single axel jump, measured from the point of take-off to the point of landing
  - Gold Spin
- Most revolutions in a sit spin, counted from the first revolution in the basic position. In the basic sit spin position, the thigh must be parallel to the ice.
   Gold Spiral
- Longest time in a moving unsupported spiral position

<sup>&</sup>lt;u>GOLD</u> –Open to skaters who have passed the complete Sr. Bronze Freeskate test Gold Jump