

Contact List for Club COVID-19 Oversight Group

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact one of the individuals below.



Ajax Skating Club COVID -19 Oversight Committee:

Lisa Morin	289-314-0762	nlisa@rogers.com
Bonnie Morris	416-573-9430	pbmorris@sympatico.ca
Kristy Taylor	416-558-8503	kristy.taylor2@gmail.com
Nadia Delahousse	905-619-0457	nadiadelahousse@sympatico.ca
Margaret Long	416-616-9248	mlaw@rogers.com

Ajax Skating Club Return to Play Safety and Hygiene protocols:

All skaters, coaches, volunteers and parents must follow all federal, provincial and municipal laws, regulations, by-laws and orders as they may exist at the current time, and while attending the Ajax Skating clubs programs. These protocols are in conjunction with Durham Public Health Department.

Use of Personal Protection Equipment: Following Durham Region Public Health guidelines, all coaches, skaters and volunteers must wear a face covering or non-medical face mask while inside the skating facility. (as per current public health guidelines)

Coaches: Must wear a non-medical face mask while coaching
Any winter gloves that are worn should be washed daily

Skaters: Not required to wear a non-medical face mask while skating
Any winter gloves that are worn should be washed daily

Hand Hygiene: All coaches, skaters and volunteers must wash/hand sanitize their hands upon entry in to the skating facility (15 second hand wash).

Physical distancing: Following Government approved guidelines, current guidelines are that all coaches, skaters, volunteers must keep a 2m or 6 foot distance between themselves.

Respiratory etiquette: You must practice coughing or sneezing into you arm or Kleenex.
Always cover your cough!

Skater/Club member specific protocol:

Skater protocols:

All skaters must sign a COVID-19 Acknowledgement, Release, Indemnity and Assumption of Risk form. This form must be completed prior to the start of participation in the club activities. This form is only required to be completed one time by each participant. Any non-compliance may have consequences and will jeopardize their participation with The Ajax Skating Club.

All skaters must come dressed and ready to enter the ice. There will be no change room available. They may leave their skate guards at ice level. All skaters may bring one water bottle and Kleenex if required. Please leave all skating bags and personal items in the car, or at home.

All skaters must self screen in accordance with current public health guidelines before each training session.

Do you exhibit any COVID-19 symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts.

Have been in contact with someone with COVID-19 in the past 14 days

Any club/skating school members who themselves have travelled outside of Canada, must self-isolate and not participate in club/skating school activities for 14 days, unless the individual has a Government of Canada Travel Exemption

Individuals who are considered a vulnerable or at-risk (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer etc.) should strongly consider their participation in club/skating school activities.

All skaters must be ice ready 10 minutes prior to start time in order for the club to conduct the healthy screening assessment form.

All skaters must respect physical distancing of 2m or 6 feet at all times. No physical contact with other skaters or coaches is allowed.

No skater is to touch the iPad or use their own device to play music during the skating session

Once the session is complete the skater is to collect their water bottle, skate guards and proceed to exit the facility. Wash hands/hand sanitize upon leaving.

Coach specific protocol:

All Coaches must sign a COVID-19 Acknowledgement, Release, Indemnity and Assumption of Risk form. This form must be completed prior to the start of participation in the club activities. This form is only required to be completed one time by each coach. Any non-compliance may have consequences and will jeopardize their participation with The Ajax Skating Club. This includes but is not limited to compliance with: Physical distancing measures, health and safety regulations, size of gatherings, Skate Canada, Skate Ontario and All Safe Sport - rules, policies and procedures. Applicable occupational health and safety requirements.

- Coaches are encouraged not to coach at multiple facilities.
- Social distancing, current distance is 2m and is also required in the parking lot.
- * All warm ups for skaters, can be conducted outside while skaters and coaches maintain social distancing.
- When time to enter the facility, a line will be created again using social distancing.
- A mask must be worn the entire time when in the building.
- Hand Sanitizer will be provided by the facility while entering the Building.
- A COVID 19 screening must be done before allowed on the ice. This has to be done every time a coach enters the building.
- Coaches please bring in a bucket or baggie to place your personal items in while in the arena. Skating bags should be left in the car.
- Only 25 individuals are allowed at ice level, as per the direction from the Town of Ajax.
- Social distancing must be demonstrated on the ice, at all times. Coaches are encouraged to coach from one spot on the ice.
- 1 coach will be responsible for the music and must wipe it down when finished.
- If wearing gloves or mitts, they are to be washed every night.
- Touching partnered dance lessons are not permitted, only shadow teaching for dance.

Ajax Skating Club Communication Protocol.

The Ajax skating club has implemented a communication protocol that adheres to both Skate Ontario and The Town of Ajax Covid-19 requirements.

Regarding communication of any and all covid 19 information.

Ajax Skating Club will email all members before skating activities start of all procedures, i.e. Self screening prior to entering the facility, prescreening done on site through verbal questionnaire, and communicating to Ajax Skating Club with regards all/any Covid 19 related matters. All of this information will also be available on the Ajax Skating Club website.

Each skater, Coach, Board member and volunteer must sign a one time waiver releasing all liability or risk in case of Covid-19. The waiver will likely be done electronically and kept on file with Skate Ontario and Ajax Skating Club office.

Communication under the following circumstance will be handled according.

If a member tests positive for Covid 19:

1. The Ajax Skating Club will follow the directions of The Durham Public Health Department and follow proper communication protocols. With direction from the Health Department, The Ajax Skating Club will help with contact tracing.
2. The Ajax Skating Club on the advice from the health department may assist with contact tracing using our prescreening attendance check list. On the advice from the health department. The Ajax Skating Club may have to stop all Skating activities
3. With guidance from Durham Public Health and maintaining the privacy act. The Ajax Skating Club will communicate through email to all the relevant members determined by Durham Health about the positive result. Maintaining privacy of the individual in question.
4. The Ajax Skating Club club will communicate all information to Skate Ontario and keep them informed of all other updates.

Ajax Skating Club values the safety of it's member and business associate, by having these communication protocols it will help in minimizing the spread of Covid 19.

If skater or coaches become unwell on the ice:

1. Club will isolate the individual in a well ventilated room or outside of the facility and will provide a mask to the individual.
2. All skater/Coaches will be asked to stop all skating activities and will be sent home and asked to self monitor and communicate any relevant information to the Ajax Skating Club.
3. The Ajax Skating Club will inform The Town of Ajax Director of Recreation and Culture and the facility manager of the situation.
4. A member from the committee will keep in contact with individual and communicate any information to the Ajax Skating Club in turn The Ajax Skating Club will communicate any finding to the necessary people.

if a member is tested for COVID-19:

1. If symptomatic, the individual must stop all skating activities, get tested for COVID-19 and must not participate in club or skating school activities while waiting for the results of the test. The individual will communicate the results of the test to the Ajax Skating Club and follow all Durham public health guidelines.
2. Any individual that is part of a club or skating school that has been tested for COVID-19 and has no COVID-19 symptoms, no known exposure to COVID-19 and no travel history is permitted to participate in club or skating school activities while waiting for the results of the test.
3. The Ajax Skating Club will immediately notify all skaters and coaches that were on the ice at the same time through a mass distribution email. We have all emails, which are obtained through the regular registration process and/ or through the Ontario skate club assigned numbered each skater.
3. Any members who were in close contact with the individual should not participate in activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
4. The Ajax Skating Club will inform the Town of Ajax Director of Recreation and Culture and the facility manager regarding the situation.

If a member tests positive for Covid 19:

1. If an individual tests positive for COVID-19, they should inform a member of the club/skating school COVID-19 Oversight Group.
2. Any club/skating school members who were in close contact with the individual should not participate in club/skating school activities for 14 days and should follow public health guidelines regarding self-isolation and testing
3. The Ajax Skating Club will follow the directions of The Durham Public Health Department and follow proper communication protocols. With direction from the Health Department and the Director of Recreation the Ajax Skating Club will help with contact tracing.

4. The Ajax Skating Club on the advice from the health department may assist with contact tracing using our prescreening attendance check list. On the advice from the health department. The Ajax Skating Club may have to stop all Skating activities
5. With guidance from Durham Public Health and maintaining the privacy act. The Ajax Skating Club will communicate through mass distribution email to all its members about the positive result. Maintaining privacy of the individual in question.
6. The Ajax Skating Club will communicate all information to Skate Ontario and keep them informed of all other updates.

Ajax Skating Club values the safety of its member and business associate, by having these communication protocols it will help in minimizing the spread of Covid 19.

Return to club/skating activities following illness or exposure to COVID-19

1. Individuals must follow all public health and facility guidelines with respect to returning to skating following an illness or exposure to COVID-19.
2. If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to club/skating school activities once they no longer have any symptoms of COVID-19 for at least 24 hours.
3. If a COVID-19 test was negative and there was a known exposure to COVID-19, the individual may only return to club/skating school activities fourteen days after any symptoms started and once they no longer have any symptoms of COVID-19.