

Name: Dawn Forgeard
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Coaching Certification:

Canskate Certified
Level 2 Certified in singles, dance and pairs
Level 1 Certified Special Olympics
First Aid, CPR certified
Police Check clearance

Personal Skating Achievements:

Gold Free Skating
Gold Dance
Sr Silver Skating Skills (grandfathered) - (completed level 6 in school figures)
Bronze Interpretive
Ice Show Experience
Various levels of singles competition
National & Provincial Synchro Champion

Years of Coaching:

23+ yrs professional coach
I participated in many seminars including National seminars throughout the years to maintain and grow within the sport. Most recently I have attended Skate Ontario's Hot Shot seminar and Skate Canada's new competition format, Star 1-5, seminar.

Coaching Experience:

Canskate
Starskate – dance, freeskate, interpretive, skating skills and pairs
Competitive stream at the regional level
Synchro
Ice Shows
Special Olympics at Regional, Provincial and National competitions

Skating Related Achievements:

Director and choreographer for various ice shows thru the years
Program Director (past and present)
Coached pair skaters to Central Ontario Interclub championships
Coached Special Olympic skaters to gold at Provincial, National and World championships
Coached test stream skaters through GOLD tests

Philosophy:

“To help mold the lives of young people through the knowledge, passion and fun of skating”