

Name: Sherri Desroches
Home Phone #: 905-426-6733
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Coaching Certification:

Canskate Certified
Level 2 Certified
Special Olympics Competition Coach
Special Olympics Community Sport Coach
First Aid and CPR certified
Police Check clearance

Personal Skating Achievements:

Junior Silver Free Skating
Gold Dance
Gold Skating Skills (grandfathered)
Interpretive/ice show experience

Years of Coaching:

30 +
I continue to attend as many seminars as possible. I love hearing different teaching techniques and strategies, which allows me to grow and extend my knowledge to those skaters I teach.

Coaching Experience:

Canskate
Starskate – dance, freeskate, interpretive, skating skills
Competitive Coaching at a National Level

Skating Related Achievements

Mentor Coach for COS – Canskate and Primary Starskate Levels
Special Olympics Skating Coach
Current Program Assistant Director
Ice Show Director, choreography and production of many, many ice shows
Program Director
Coached competitive skaters through to a National Level
Coached test stream skaters through to completion of Gold tests
Central Ontario Section – Volunteer Coach Award

Philosophy

To guide, instruct and motivate each skater to reach their full potential and personal goals on and off the ice.