



Box 522, Winchester, Ontario K0C 2K0

www.winchesterskatingclub.org

proudly presents

the
Winchester
Invitational

2010



Saturday, March 20, 2010
at the Winchester Community Centre
Main St. West
Winchester, Ontario



WINCHESTER INVITATIONAL 2010

Saturday, March 20, 2010

HOSTED BY WINCHESTER SKATING CLUB

SANCTIONED BY SKATE CANADA - EASTERN ONTARIO

WINCHESTER COMMUNITY CENTRE,
577 Main Street,
Winchester, ON
K0C 2K0

General

This competition is being held under the current rules of the Skate Canada Official Rulebook (revised 2000) and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook. The Host Committee reserves the right to alter the overall procedures to be followed during any part of the competition, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

Eligibility

- All skaters must be eligible persons as defined in Skate Canada Rule Book Section 2100.
- All skaters must be Associate members in good standing of the Association.
- Competitors wishing to enter shall have passed the appropriate badges/test qualifications for relevant events by **January 1, 2010**.
- All age requirements are as of **January 1, 2010**.
- All skaters must provide a photocopy of proof of age (birth certificate, baptismal certificate or passport) with their completed entry form for events in which eligibility or categories are dependent upon the competitor's age.

Entry Forms

- Entry forms, including all required supporting documentation, **must be completed in FULL** or they will not be processed and returned.
- All entry forms must be received by Cheryl Beasley, with entry fees and supporting documentation where required, no later than **February 8, 2010**.
- Faxed or telephone entries will not be accepted.

Event Specifications

Skaters are permitted to "skate up" one level – they can enter an event one level above the level they are actually qualified to skate, and may enter one of these levels or both.

Entry Fees

\$45.00 per skater for the 1st event entered.
\$25.00 per skater for the 2nd event entered.
\$15.00 per skater for the 3rd event entered.
\$10.00 per skater for 4th and subsequent events entered.
\$10.00 per SKATER for Team events.

- Entry fees are payable with the entry form.
- Post-dated cheques will not be accepted.
- For Team Events please use the Team Event Entry Form.
- Entry form(s), entry fees, and acceptable proof of age where relevant, must be postmarked no later than **February 8, 2010.**
- Please make cheques payable to **WINCHESTER SKATING CLUB** and mail it with completed entry forms to:

Winchester Skating Club Inc.
 C/O Cheryl Beasley, Competition Registrar
 P. O. Box 964
 Winchester, ON
 K0C 2K0
TEL# (613) 774-2224
email - cbeasley@teksavvy.com

Returned Cheques

A \$25.00 administration fee will be applied to cheques returned by your bank. The amount of the returned cheque and the \$25.00 administration fee must be paid in cash or by a certified cheque, bank draft, money order or similar form of guaranteed payment prior to the skater being permitted to compete.

NOTE: No skater will skate until all money owing, including charges for NSF cheques, is properly paid upon registration at the arena on the day of the competition.

Refunds and Withdrawals

- Refunds will be given for any cancelled events or if the entry is withdrawn prior to **February 8, 2010.**
- After **February 8, 2010.** refunds will be given for medical reasons only, providing the Competition Registrar is notified of the medical withdrawal prior to the start of the event and if the Registrar receives a medical certificate by **April 4, 2010.**
- An administration fee of \$25.00 per event may be charged for medical withdrawals.

Cancellation of Events

- Entries will be accepted on a first come, first serve basis once all required information and fees have been received.
- Faxed or telephone entries will not be accepted.
- Late entries will be accepted at the discretion of the Host Committee and the Technical Representative.
- An event will be cancelled if only one skater has entered. Entry fees will be refunded if an event is cancelled.
- If time permits, an exhibition skate may be allowed; 50% of the entry fee will be refunded if an exhibition skate is permitted.
- The Technical Representative and the Host Committee may combine two or more categories in the same event when each category has fewer than three entries or one category has insufficient entries to hold the event. In each case, the categories may only be combined with full prior knowledge and agreement of all competitors affected.
- The Committee reserves the right to categorize flights & limit the number of entries in any event.

Protective Equipment

The use of a protective helmet is acceptable at this competition and it is strongly encouraged for all CanSkate events.

Registration

Skaters are to register at least one hour prior to the scheduled start of his/her event. Music (where applicable) must be registered at this time as well.

The Host Committee reserves the right to start an event up to one-half hour prior to its scheduled start time.

Coaches

All Coaches must be prepared to show and wear their Skate Canada photo ID.

Music

- Each skater is required to supply his/her own music.
- All music used must be in the public domain or covered by the performing rights societies.
- If a skater wishes to supply his/her music on a CD, the following directions should be followed:
 - Two copies of the CD must be supplied, each clearly marked with the skater's name, category and whether it is the "master" or "copy".
 - The selection of music must be an entire track on the CD. The operator of the music equipment will not be responsible for fading a selection in or out.
 - If there is more than one track on the CD, the required track must be clearly marked on the jewel case.
 - In case of unforeseen mishaps, it is strongly recommended that a backup copy of the music be supplied on a cassette tape.
- If a skater wishes to supply his/her music on a cassette tape:
 - Two copies of the tape must be supplied, each clearly marked with the skater's name, category and whether it is the "master" or "copy".
 - All taped music must be queued and ready to play upon insertion in the tape player.

Skaters may pick up their music at the music registration desk one-half hour after completion of the event.

Marking

Results will be determined using the One by One [OBO] system. Result sheets will not be available for sale.

Awards

- Medals will be presented in accordance with the regulations set out in the Skate Canada Event Management Handbook. No medals will be awarded for exhibitions.
- Award ceremonies will be held throughout the day of the competition as time permits. Approximate ceremony times will be posted at the arena on the day of competition.
- At each ceremony, medals will be awarded to first, second and third place finishers in each flight and a ribbon for fourth place.
- Skaters must be in skating attire and skates for medal presentations.

Club Trophy

A club trophy will be awarded at the end of the competition to the club that scores the most points in the competition. Points will be awarded to participating clubs according to the following table:

# of Competitors in Event	Placing			
	First	Second	Third	Fourth
Two	2	1		
Three	3	2	1	
Four or more	5	3	2	1

General Admission

- Free Admission.
- Programs: **\$2.00**

Accidents/Liability

Skate Canada Rule 7000 B 1.11 will apply.

Skate Canada - Eastern Ontario, the Clubs/Organizers of any competition, and the Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries therein, all competitors and their parents, or guardians, shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, caused by or connected with the conduct and management of the competition and to release any and all claims they may have against the officials, the Association, the Section, the Clubs/Organizers, and the Volunteer Team holding the competition and against their officers, and their entries shall be accepted only on these conditions.

Camera & Video Policy

Professional videotaping and photography will be available at a nominal fee.

Spectators are permitted to use cameras for still photos and video for personal use only.

STRICTLY PROHIBITED:

- Videotaping of complete events
- Flash photography
- Any resale of photography or videos by spectators

Media Policy

- Individuals wishing to obtain appropriate accreditation should contact Cheryl Beasley at cbeasley@mondenet.com or by phone at 613 774-2224 at least 2 weeks prior to the event.
- Individuals will need prior approval to attend and photograph skaters at all EOS Sanctioned events. Individuals will be given access to the boards near the skaters' entry to the ice. Accredited individuals will not interfere with coach/skater communications during warm-up periods. Pictures of skaters and/or coaches will not be allowed prior to or after the performance. Any written complaints of interference will result in the loss of accreditation for future events.
- The following is a guideline for approving accreditation:
 - Individuals from News media must submit appropriate accreditation for review.
 - An individual representing skating club parent must submit written permission from these parents with request.
 - Pictures of skaters will not be made available for sale.

Ice Dimensions: 85ft by 185 ft (26m x 56m)

Contact Information

Competition Chairperson, **Cheryl Beasley**; phone (613) 774-2224, email cbeasley@teksavvy.com

Competition Registrar, **Cheryl Beasley**; phone (613) 774-2224, email cbeasley@teksavvy.com

Competition Committee Member, **Susan Smith**; phone (613) 774-3484, email susan_mcsmith@hotmail.com

COMPETITION SCHEDULE

*The schedule and skater's event times will be posted on the website and sent to each club by email as soon as possible after the deadline. **Website: www.winchesterskatingclub.org***

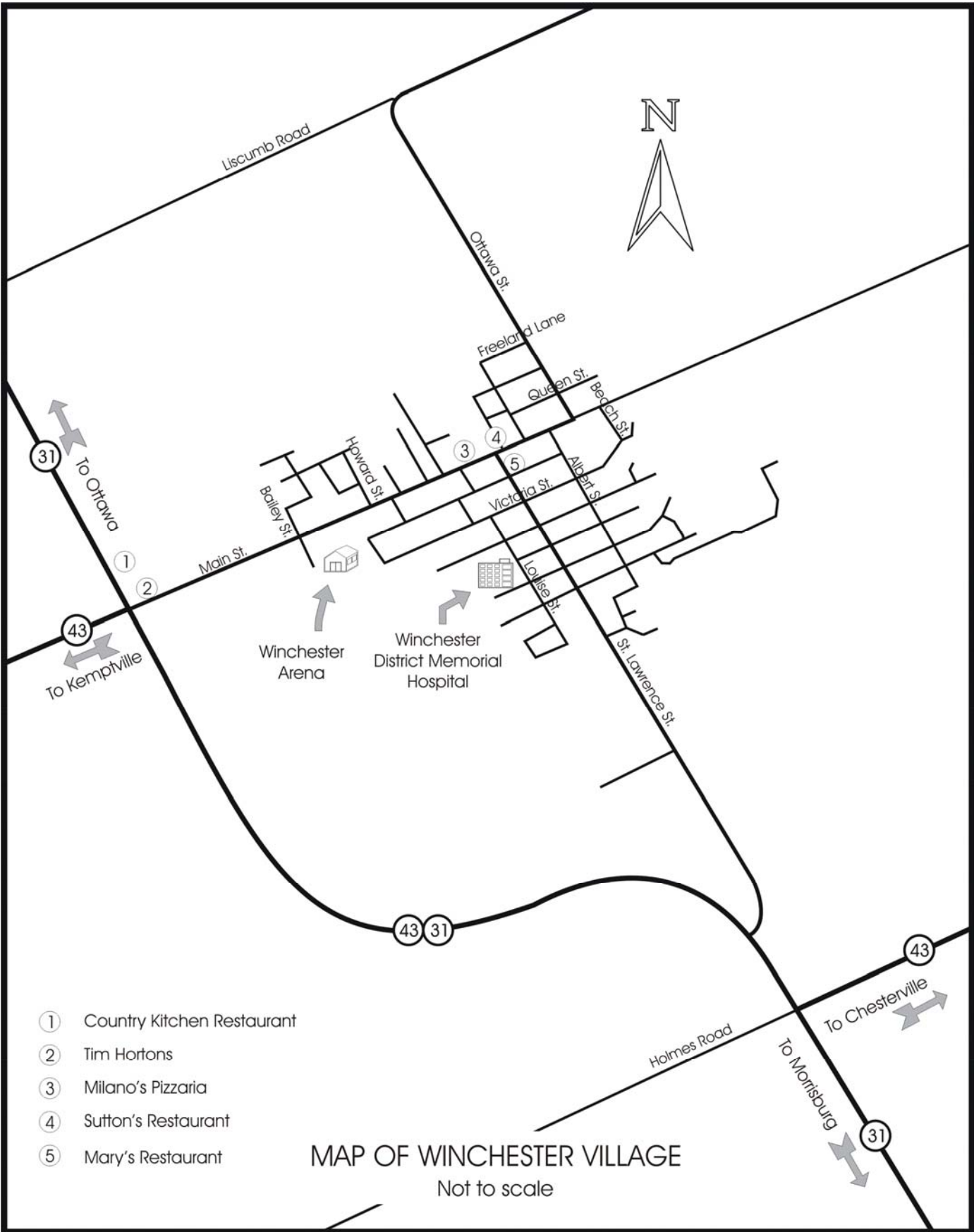
AMENITIES:

The following amenities are provided for the convenience of the skaters and audience:

2 snack areas (one downstairs and one upstairs)	St. Johns Ambulance service
Engraver	Photos & Videos of Skaters' Events
Skating apparel	Flowers
Program - \$2.00	Raffle table
Wheelchair access	

ACCOMMODATIONS:

Name	Address	City	Phone
Howard Johnson Inn	County Rd. 43	Kemptville, ON	800-399-4422
McIntosh Country Inn	12495 County Rd. 2	Morrisburg, ON	613-543-3788
The Other Place B & B	11719 County Road 43 W.	Winchester, ON	613-774-5063
Terrace Green B & B	11952 County Road 43	Winchester, ON	613-774-2189



- ① Country Kitchen Restaurant
- ② Tim Hortons
- ③ Milano's Pizzeria
- ④ Sutton's Restaurant
- ⑤ Mary's Restaurant

MAP OF WINCHESTER VILLAGE
Not to scale

CANSKATE FREESKATE EVENTS

For CanSkate Events the elements listed are compulsory. Other elements of **LESS** than one revolution may be attempted. In order to encourage the development of our skaters, and as a deterrent to holding skaters back, non-compliance with this rule will result in a major (0.4 to 0.5) deduction from the judges for those restricted elements that are attempted or completed. All events are final. Where possible, flights will be divided by club and age. This will also apply to the Introductory Categories.

Event #		Event Name	Description
01	Stage 2 Ladies	Stage 2 Freeskate Program length: 1 minute to music +/- 10 sec. Must not have passed the Stage 2 level.	<ol style="list-style-type: none"> Forward glide (two feet to one foot) forward two-foot sculling two-foot jump two-foot spin
02	Stage 2 Men		
03	Stage 3 Ladies	Stage 3 Freeskate Program length: 1.0 minutes to music +/- 10 sec. Must not have passed the Stage 3 level.	<ol style="list-style-type: none"> Forward two-foot sculling backward glide (two feet to one foot) two-foot jump while gliding forward two-foot spin picking up alternating feet
04	Stage 3 Men		
05	Stage 4 Ladies	Stage 4 Freeskate Program length: 1.0 minutes to music +/- 10 sec. Must not have passed the Stage 4 level.	<ol style="list-style-type: none"> Walking crosscuts backward skating two-foot jump forward to backward forward spiral
06	Stage 4 Men		
07	Stage 5 Ladies	Stage 5 Freeskate Program length: 1.0 minutes to music +/- 10 sec. Must not have passed the Stage 5 level.	<ol style="list-style-type: none"> Forward to backward 3 turn (edge optional) forward spiral forward power-jump forward one-foot spin
08	Stage 5 Men		
09	Stage 6 Ladies	Stage 6 Freeskate Program length: 1.0 minutes to music +/- 10 sec. Must not have passed the Stage 6 level.	<ol style="list-style-type: none"> Turning on a curve forward to backward changing feet (edge optional-Mohawk) forward crosscuts rotating power jump forward one-foot spin
10	Stage 6 Men		
11	Introductory A Ladies	Introductory "A" Freeskate Program length: 1.0 minutes to music +/- 10 sec. Must not have passed any complete Skate Canada Test or any part of the Preliminary Freeskate Test.	<p>May Include</p> <ol style="list-style-type: none"> Waltz Jump Salchow Toe Loop <p>No Higher jumps of one or more revolutions.</p>
12	Introductory A Men		
13	Introductory B Ladies	Introductory "B" Freeskate Program length: 1.0 minutes to music +/- 10 sec. Must not have passed any complete Skate Canada Test or any part of the Preliminary Freeskate Test.	<p>May Include</p> <ol style="list-style-type: none"> Waltz Jump Salchow Toe Loop Flip Loop Jump <p>No Higher jumps of one or more revolutions.</p>
14	Introductory B Men		

CANSKATE INDIVIDUAL ELEMENTS

All skaters in each flight will be on the ice at the same time. Each skater in turn will perform each element in rotation with the other skaters in the order listed below. Coaches will be permitted to work with their skaters only during warm-up. No re-skates allowed.

Event #			Event Name	Description
15	Stage 2 Ladies A	5 or Younger	Stage 2 Individual Elements Must not have passed Stage 2.	<ol style="list-style-type: none"> 1. Forward two-foot sculling 2. Forward snowplow stop or forward half-snowplow stop 3. Forward two-foot spin 4. Two-foot forward jump while gliding forward
16	Stage 2 Men A			
17	Stage 2 Ladies B	6 or Older		
18	Stage 2 Men B			
19	Stage 3 Ladies A	6 or Younger	Stage 3 Individual Elements Must not have passed Stage 3.	<ol style="list-style-type: none"> 1. Two-foot spin picking up alternating feet 2. Two foot backward jump gliding backward 3. Backward two-foot sculling 4. Two-foot turn forward to backward
20	Stage 3 Men A			
21	Stage 3 Ladies B	7 or Older		
22	Stage 3 Men B			
23	Stage 4 Ladies A	7 or Younger	Stage 4 Individual Elements Must not have passed Stage 4.	<ol style="list-style-type: none"> 1. Two-foot jump forward to backward on a curve 2. Two foot sit spin 3. Backward glide on a curve (two feet to one-foot) 4. One-foot turn forward to backward (forward outside three turn)
24	Stage 4 Men A			
25	Stage 4 Ladies B	8 or Older		
26	Stage 4 Men B			
27	Stage 5 Ladies A	8 or Younger	Stage 5 Individual Elements Must not have passed Stage 5.	<ol style="list-style-type: none"> 1. Forward power jump (bunny hop) 2. Forward one-foot spin (more than 1 rev.) 3. Forward spiral 4. Turning on a curve backward to forward changing feet (LBO-RFO or RBO-LFO, backward Mohawk)
28	Stage 5 Men A			
29	Stage 5 Ladies B	9 or Older		
30	Stage 5 Men B			
31	Stage 6 Ladies A	8 or Younger	Stage 6 Individual Elements Must not have passed Stage 6.	<ol style="list-style-type: none"> 1. Turning on a curve forward to backward changing feet (forward Mohawk) 2. One foot backspin 3. Rotating power jump (Waltz jump) 4. Backward cross-cuts in a figure 8 pattern
32	Stage 6 Men A			
33	Stage 6 Ladies B	9 or Older		
34	Stage 6 Men B			

INTRODUCTORY INDIVIDUAL ELEMENTS

The elements events will be judged with an entire flight taking the ice at the same time using half the ice surface. The elements will be skated one at a time in rotation, without music. Coaches may work with their skaters during the warm-up only. **Skaters will be divided into age categories when numbers warrant.**

Event #	Event Name		Description
35	Introductory Elements Ladies A	Must not have passed any complete Skate Canada tests or any part of the Preliminary Freeskate test	<ol style="list-style-type: none"> 1. Waltz jump 2. Salchow 3. One-foot spin (forward) 4. Forward spiral
36	Introductory Elements Men A		
37	Introductory Elements Ladies B		<ol style="list-style-type: none"> 1. Loop jump 2. Flip jump 3. Sit spin 4. Back spiral
38	Introductory Elements Men B		

CANSKATE PROGRAM FORMAT ELEMENTS

Movements are confined to those listed and can be done in any order. Movements must be continuous using connecting moves necessary to link the various elements. No music will be used. Judging will be based on technical merit only. If necessary, only half the ice surface will be used and these events will be double-panelled. Maximum time for the completion of the required elements is 1 minute. Coaches may work with their skaters during the warm-up. Skaters will be divided into age categories when numbers warrant.

Event #		Age	Event Name	Description
39	Stage 2 Ladies A	5 or Younger	Stage 2 Individual Elements Must not have passed Stage 2.	<ol style="list-style-type: none"> Forward glide (two feet to one foot) Forward two-foot sculling Two-foot jump Two-foot spin
40	Stage 2 Men A			
41	Stage 2 Ladies B	6 or Older		
42	Stage 2 Men B			
43	Stage 3 Ladies A	6 or Younger	Stage 3 Individual Elements Must not have passed Stage 3.	<ol style="list-style-type: none"> Forward two-foot sculling Backward glide (two feet to one foot) Two-foot jump while gliding forward Two-foot spin picking up alternating feet
44	Stage 3 Men A			
45	Stage 3 Ladies B	7 or Older		
46	Stage 3 Men B			
47	Stage 4 Ladies A	7 or Younger	Stage 4 Individual Elements Must not have passed Stage 4.	<ol style="list-style-type: none"> Walking cross-cuts Backward skating Two-foot jump forward to backward Forward spiral
48	Stage 4 Men A			
49	Stage 4 Ladies B	8 or Older		
50	Stage 4 Men B			
51	Stage 5 Ladies A	8 or Younger	Stage 5 Individual Elements Must not have passed Stage 5.	<ol style="list-style-type: none"> Forward to backward 3 turn (edge optional) Forward spiral Forward power jump Forward one-foot spin
52	Stage 5 Men A			
53	Stage 5 Ladies B	9 or Older		
54	Stage 5 Men B			
55	Stage 6 Ladies A	8 or Younger	Stage 6 Individual Elements Must not have passed Stage 6.	<ol style="list-style-type: none"> Turning on a curve forward to backward changing feet (edge optional, Mohawk) Forward one-foot spin Rotating power jump (Waltz jump) Forward crosscuts
56	Stage 6 Men A			
57	Stage 6 Ladies B	9 or Older		
58	Stage 6 Men B			
59	Intro Ladies A	None	Introductory A Individual Elements Must not have passed any complete Skate Canada Test or any part of the Preliminary Freeskate Test.	<ol style="list-style-type: none"> Waltz jump Salchow One-foot spin (forward) Forward spiral
60	Intro Men A			
61	Intro Ladies B	None	Introductory B Individual Elements Must not have passed any complete Skate Canada Test or any part of the Preliminary Freeskate Test.	<ol style="list-style-type: none"> Loop jump Flip Jump Sit Spin Back spiral
62	Intro Men B			

CANSKATE TEAM ELEMENTS

Elements will be done in isolation. Coaches may work with their teams during warm-up only for Introductory Team Elements. Coaches may work with the Stage Team Elements during the competition. There will be NO reskates allowed. Teams must have 2 skaters minimum and 4 maximum, female and/or male. Elements skated in order shown. Each skater must attempt at least one element with no team member attempting more than two elements. Competitors may skate at their level and/or one level higher. **Warm up** -All teams will be out on the ice for warm up. All skaters skate one lap around the rink then take position by the boards. The announcer will then call the elements one by one to be performed. When all elements have been practiced, the competition will begin.

Event #	Event Name	Description
63	Stage 2 Team Elements Must not have passed Stage 2.	<ol style="list-style-type: none"> 1. Forward ½ sit glide 2. Forward snowplow stop or forward half-snowplow stop 3. Forward two-foot spin 4. Forward gliding two feet to one foot
64	Stage 3 Team Elements Must not have passed Stage 3.	<ol style="list-style-type: none"> 1. Forward one foot glide 2. Backward skating complete width of ice 3. Two foot jump while gliding forward 4. Two foot spin
65	Stage 4 Team Elements Must not have passed Stage 4.	<ol style="list-style-type: none"> 1. Two-foot jump while gliding backwards (remain backwards) 2. Forward snowplow stop 3. Backward one-foot glide 4. Two foot spin picking up alternating feet
66	Stage 5 Team Elements Must not have passed Stage 5	<ol style="list-style-type: none"> 1. Two foot jump forwards to backwards and backwards to forward 2. Forward One-foot spin 3. Forward spiral 4. Forward two foot side stop
67	Stage 6 Team Elements Must not have passed Stage 6.	<ol style="list-style-type: none"> 1. Backwards spiral 2. One foot side stop 3. Rotating power jump (Waltz jump) 4. Forward cross-cuts in a circle (1 full circle)
68	Introductory "A" Team Elements Must not have passed any complete Skate Canada Test or any part of the Preliminary Freeskate Test.	<ol style="list-style-type: none"> 1. Waltz jump 2. Upright 1 foot spin 3. Forward spiral 4. Toe loop/toe loop jump combination
69	Introductory "B" Team Elements Must not have passed any complete Skate Canada Test or any part of the Preliminary Freeskate Test.	<ol style="list-style-type: none"> 1. Loop jump 2. Sit spin 3. Forward spiral 4. Salchow/Toe Loop jump combination



Winchester Invitational 2010 – March 20
Deadline for entries: February 8, 2010
ENTRY FORM

ALL INFORMATION BELOW MUST BE COMPLETE OR ENTRY FORM WILL NOT BE ACCEPTED

Name: _____ Male / Female (circle)

Phone# _____ Email: _____

Mailing Address: _____

City/Town _____ Postal Code: _____

Skate Canada #: _____ Date of Birth: _____ (YYYY/MM/DD)

Must be completed or Entry form will not be accepted PROOF OF AGE MUST BE ATTACHED

Home Club: _____ Club Contact Phone# _____

Eligibility Information

Highest Badge/Test Passed as of **January 1, 2010** _____

Must be completed or Entry form will not be accepted

Coach's Name: _____ Phone # _____

Coach's Email: _____

Event Entered

EVENT#	EVENT NAME	EVENT#	EVENT NAME

Payment & Authorization

Skate Canada Event Management Handbook rule 7000.B.1.11 will apply. Organizers of the competition undertake no responsibility for damages or injuries suffered by skaters. As a condition and in consideration of the acceptance of their entries, skaters and their parents or guardians thereby agree to assume all risks of injury to the skater's person and/or damage to the skaters property, and release all persons in any way connected with the management and/or conduct of this competition from any and all liability in connection herewith, whether caused by negligence or otherwise

I have read and understand Rule 7000.B.1.11 referred to above

_____ Parent Signature

Attach "**Proof of Age**" and Payment to this form

_____ Home Club Approval

Entry Fees

1st event \$45.00 _____

2nd event \$25.00 _____

3rd event \$15.00 _____

4th or more \$10.00ea _____

TOTAL: _____

Please send completed form and cheques to:

Cheryl Beasley, Competition Registrar

Box 964, Winchester, ON K0C 2K0

Phone # 613 774-2224

Email - cbeasley@teksavvy.com

No Post Dated cheques please

Make cheques payable to: Winchester Skating Club

Website: www.winchesterskatingclub.org

Winchester Skating Club may use photos for publicity, such as the website to generate awareness of our sport and acknowledge skater's achievements. Unless you circle OPT-OUT, we may include your skater's name and image.

"OPT-OUT"

PLEASE COMPLETE TEAM ELEMENTS FORM & SEPARATE CHEQUE FOR ALL TEAM EVENTS

Winchester Invitational 2010 – March 20

Team Element Entry Form

Please complete one entry form per team.
ENTRY FORMS MUST BE RECEIVED BY February 8, 2010

TEAM EVENT # _____ TEAM EVENT NAME _____

Team Club _____ Contact Name: _____

All competitors waive all claims as to accidents, etc. during the course of this competition (SC Rule 7000B 1.11).

Contact Signature _____

ALL INFORMATION BELOW MUST BE COMPLETE OR ENTRY FORM WILL NOT BE ACCEPTED

	<i>Team Members</i>	CANSKATE STAGE OR HIGHEST TEST PASSED as of January 1, 2010	Parent/Guardian Signature
1.	Name of Skater		
	Address		
	Skate Canada #		
2.	Name of Skater		
	Address		
	Skate Canada #		
3.	Name of Skater		
	Address		
	Skate Canada #		
4.	Name of Skater		
	Address		
	Skate Canada #		
5	Name of Skater		
	Address		
	Skate Canada #		
<i>Name of Team Coach:</i>			
<i>Address</i>		<i>Skate Canada #</i>	
		<i>Email</i>	

TEAM ENTRY FEE: \$10.00 per skater on each team

- **Note:** POSTED DATED CHEQUES WILL NOT BE ACCEPTED
- Entry fees **must** accompany the application forms.

All Cheques or money orders are made payable to: **Winchester Skating Club**

MAIL FORM AND COMPLETED CHEQUES TO:

Cheryl Beasley, Competition Registrar

Box 964, Winchester, ON K0C 2K0

Phone # (613) 774-2224 ~ Email - cbeasley@teksavvy.com

