

2010  
SKATE CANADA - CENTRAL ONTARIO  
MARCH MANIA



**MARCH 6 - 7, 2010**

Hosted by  
Skate Canada - Central Ontario and Innisfil Skating Club

**INNISFIL RECREATIONAL COMPLEX**  
7315 Yonge Street (south east corner of County Road 4 and 11)  
Innisfil, ON L4R 5N6

Sanctioned by Skate Canada

An invitation is extended to all eligible skaters in good standing with Skate Canada to participate 2010 Skate Canada – Central Ontario March Mania. The competition will be held in accordance with the rules of Skate Canada and special guidelines approved for the competition.

**ENTRY FEES:**

- \$ 60.00 per skater for first singles category, \$40.00 per skater for additional singles categories
- \$ 70.00 per couple per mixed dance or pair entry
- \$ 100.00 per couple per Biathlon entry
- \$ 105.00 per Triathlon entry
- \$ 130.00 per Synchronized Skating team (Beginner 1 category) plus \$5.00 per individual member for category entered
- \$ 130.00 per Synchronized Skating team (Beginner 2 to Adult Class 2) plus \$10.00 per individual member for category entered

**ENTRIES WILL BE LIMITED IN ALL CATEGORIES AND WILL BE  
FIRST COME FIRST SERVED BASIS.**

Entry fees payable with application. No post-dated cheques, please make cheques payable to **Skate Canada – Central Ontario**. A \$25.00 service charge will be applied to NSF cheques returned by your bank. A \$10.00 incomplete charge will be applied if your registration form is not filled in correctly.

**CLOSING DATE OF ENTRIES:** All entries must be received at the Skate Canada-Central Ontario office no later than **February 3, 2010**, prior to the close of business (4:30 p.m.) regardless of postmark or courier date. Late entries may be accepted at the discretion of the Committee and will be subject to a \$25.00 late fee. Faxed entries will not be accepted. **Registration will be accepted on a first come first served basis with restrictions in ALL CATEGORIES to accommodate the scheduling of events.**

**REGISTRATION:** Registration will commence **Saturday, March 6, 2010**, one hour before the first category at the Innisfil Recreational Complex in the arena reception area. All skaters/teams MUST have their music when registering.

**COACHES'/CHOREOGRAPHERS' ACCREDITATION:** In order to be accredited at the 2010 Skate Canada – Central Ontario March Mania, Skate Canada - Central Ontario coaches must be enrolled in the Section Coach Photo ID Program and **must bring the Photo ID** with them and **wear it at all times throughout the event.** Up to two certified coaches per entry will be accredited.

If a coach does not have their update Photo ID but are accredited to enter, a temporary ID will be provided.  
A cost of \$25.00 will be required by the Skate Canada – Central Ontario (COS) office after the event,  
if a Temporary ID has been provided to a COS coach for more than two consecutive events.  
**No Refund, No Exceptions.**

**ICE DIMENSIONS:** Red Rink – 85 x 200 Gold Rink – 85 x 200

**PRACTICE ICE:** There will not be official scheduled practice ice.

**ADMISSION:** Adults: \$6.00 per day or All-event tickets \$15.00  
Children (under 12) and Seniors: \$4.00 per day or All-event tickets \$10.00

**REFRESHMENTS:** Concession booth will be open throughout the competition.

**AWARDS:** Medals for 1st, 2nd and 3rd place will be awarded for each category. There will be groups for categories with more than 15 competitors. Where groups are required, each group will be a final with medals presented to first, second and third place winners. Medals will be presented periodically throughout each day.

**REFUNDS AND WITHDRAWALS:** Full refunds will be given for any cancelled categories. If an entry is withdrawn prior to February 3, 2010, a refund (less an administrative fee of \$25.00 per skater) will be granted. **NOTE: NO REFUNDS will be granted after February 3, 2010.**

**SEND ENTRIES TO:** Irma Orzeck, Registrar  
Skate Canada - Central Ontario  
111 Snidercroft Road, Unit A  
Concord, ON  
L4K 2J8 Telephone: 905-760-9100 ext.229  
Toll Free: 1-877-267-0081 ext. 229  
Email: [irma@skatecanada-centralontario.com](mailto:irma@skatecanada-centralontario.com)

**ELIGIBILITY RULES:** This competition is open to registered STARSkate members of Skate Canada. Participants must be eligible persons as defined in Section 2100 of the Skate Canada Rulebook. Entries will be accepted on a first come, first served basis. The committee reserves the right to limit entries in categories as necessary. In the case of a large entry in any category, the skaters will be drawn into groups.

**SINGLE ENTRIES:** Categories with only one entry will be given the option of skating an exhibition or skating in a higher category if it is available. The decision is to be made by the Technical Representative based on availability of the ice time. Medals will be awarded for exhibition skates.

**QUALIFICATIONS FOR ENTRY:**

- 1) **COMPETITIVE SKATERS** - Skaters who are registered with Skate Canada in the current year at the Novice, Junior or Senior categories at the 2010 BMO Skate Canada Sectionals Central Ontario Championships (in November 2009) are **not eligible to compete** at the 2010 Skate Canada - Central Ontario March Mania in any category at any level. For the purposes of interpretation of this regulation, registration for a Sectional event is defined as the submission of a registration form for such event.

Skaters registered to compete in the Juvenile and Pre-Novice level at a Sectional or Sectional qualifying competition may register to compete in event categories at the 2010 Skate Canada - Central Ontario March Mania other than those competed in at a Sectional Competition. Please see the table below for the qualifications for entry.

<b>Competitive Category (competed in at Sectionals)</b>	<b>Categories that may be entered at the 2010 Skate Canada – Central Ontario March Mania</b>
Novice and higher in Singles, Pair and Dance	NO CATEGORIES
Juvenile / Pre-Novice Competitive Dance	Singles, Pair and Triathlon
Juvenile / Pre-Novice Competitive Singles	Pair and Dance
Juvenile / Pre-Novice Competitive Pair	Singles, Triathlon and Dance
Synchronized Skater	All Categories

*\*The Pre-Juvenile category is not considered a competitive qualifying event nationally. Skaters competing in these events can register and compete in the 2010 Skate Canada - Central Ontario March Mania.*

**AGE QUALIFICATIONS:** July 1<sup>st</sup>, 2009 for all Synchronized Skating categories  
October 1, 2009 for all other categories offered

**TEST QUALIFICATIONS:** November 15, 2009

Please note: The Home Club Test Chairman must verify Test Qualifications.

**SKATING UP IS ALLOWED:** Skaters are eligible to skate up at a higher level than their qualification but are only eligible to enter one category per discipline (i.e. qualified for Jr. Bronze, may skate up to Sr. Bronze but not both).

**ENTRY RESTRICTIONS FOR MULTIPLE CATEGORIES:**

Skaters entered in a couples dance category may enter one solo dance category.

Skaters entered in a triathlon category may not enter a Freeskate or an interpretive category.

Skaters entered in a biathlon dance event may not enter a couples dance category but MAY enter a solo dance category.

**MARKING:** Closed marking will be used. The 6.0 marking system will be used for all categories except Synchronized Skating. The CPC system will be used for Synchronized Skating categories only.

**DANCE MUSIC:** All dance categories will be skated to the Skate Canada Dance Series #8.

**MUSIC:** Both arenas will be equipped with variable speed cassette tape players and CD players. **TWO** cassettes, **TWO** CDs or a combination of **ONE** tape cassette and **ONE** CD will be accepted. These **MUST** be registered with music registration at least one hour prior to the posted start time of the category and may not be removed for any reason until after the category is completed. It is recommended that if 2 CDs are registered for the category, the skater should also carry a back-up tape cassette in case the CDs do not play properly. Music must be picked up within 30 minutes after completion of the category. Exact timing of cassettes cannot be guaranteed.

**Standard Specifications for Music**

1. Only one (1) program shall be recorded on each cassette or CD.
2. Cassettes and/or CDs must be marked with the skater's name, the category name and total music time.
3. Each cassette or CD shall be enclosed in a plastic case which also must be marked with the skater's name, the category name and the total music time.

**VIDEO TAPING:** Professional video taping services will be available. Private videotaping of your own competitor only is permitted -see Rule 5111 (b). Photo Cellular phones are not permitted in the dressing room area or at ice level.

**PHOTOGRAPHY:** On-site professional photography will be available by Action Pix Photography. Please visit their website for pre-event ordering information [www.actionpix.ca](http://www.actionpix.ca). Private photographing of your own competitor only is permitted.

**ACCOMMODATIONS:**

**Official Hotel: DAYS INN**

60 Bryne Drive,  
BARRIE, ON, L4N 9Y4  
1-866-335-8989  
705-733-8989 / Fax # 705-725-0982  
[reservations@daysinnbarrie.com](mailto:reservations@daysinnbarrie.com)

\$95.00 per night

**Group Name: Skate Canada – Central Ontario**

**Group Code: CGSC10**

***\*Reservations must be made by February 12, 2010 to qualify for the discounted group rate.***

**Alternate Hotel: SUPER 8 BARRIE**

441 Bryne Drive  
Barrie, ON, L4N 6C8  
1-877-612-7666  
[res@super8barrie.com](mailto:res@super8barrie.com)

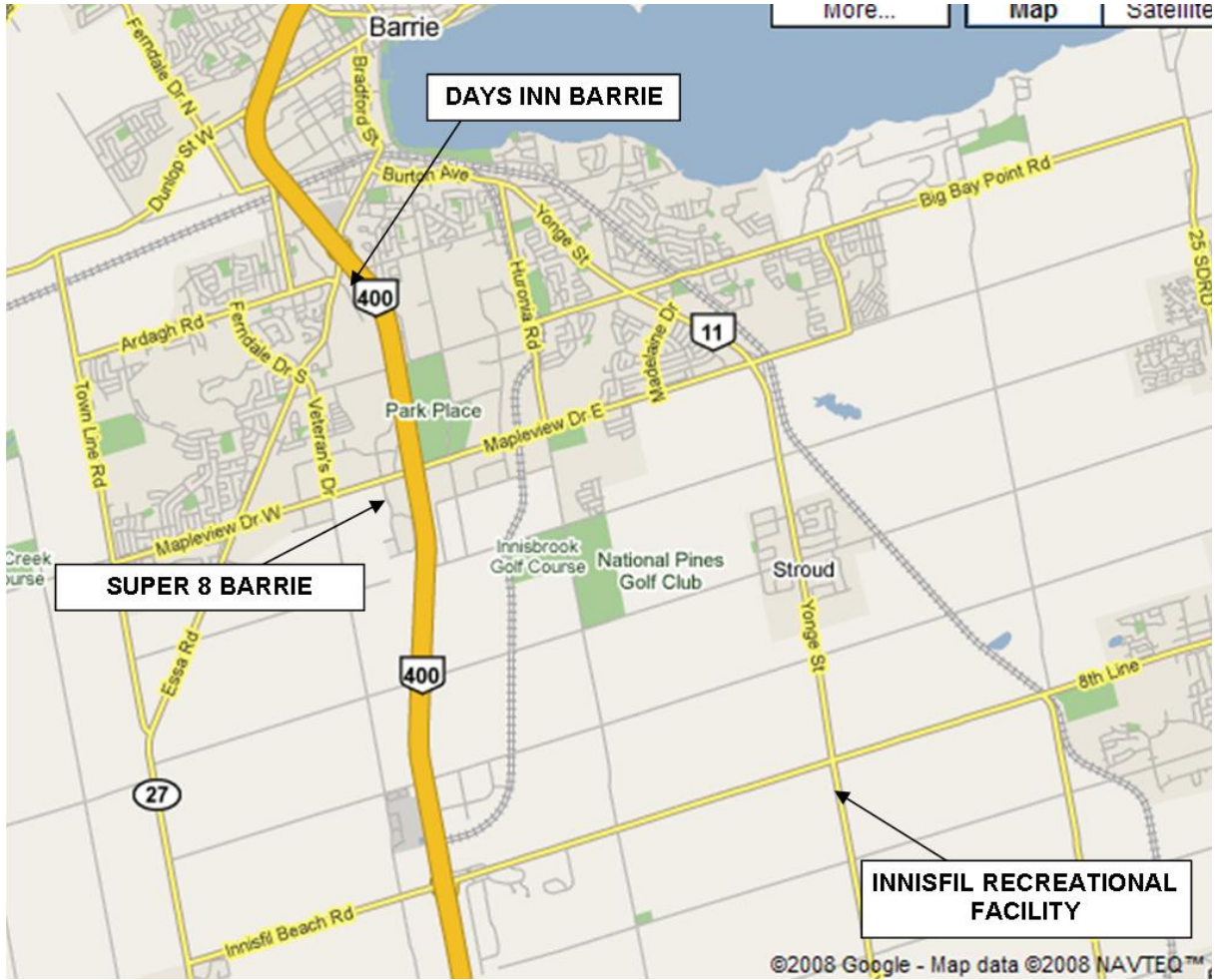
\$95.00 per night

***\*Reservations must be made by February 12, 2010 to qualify for the discounted group rate.***

**MAP:**

**INNISFIL RECREATIONAL COMPLEX**

7315 Yonge Street (south east corner of County Road 4 and 11)  
Innisfil, ON L4R 5N6



## FREESKATE CATEGORIES

All Freeskate categories will be judged using the 2009-2010 Skate Canada – Central Ontario Well Balanced Program (WBP) technical package posted at [www.skatecanada-centralontario.com](http://www.skatecanada-centralontario.com). Deductions will be taken for any elements outside of specifications in accordance with the Skate Canada Well Balanced Program requirements.

**Description:** A Freeskate routine to music. Skaters must provide their own music. Vocal music is not permitted. Costumes and props are not permitted. **Deductions will be taken for each prohibited element according to the Skate Canada Well Balanced Program requirements. Skaters are only permitted to enter one Freeskate category.**

- Introductory A** Must not have passed any part of the Preliminary Freeskate test or any complete Skate Canada test.  
Program Length: 1.5 minutes (+/- 10 seconds)  
**Waltz jump and other ½ rev. jumps, salchow and toe loop but no higher jumps permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Introductory B** Must not have passed any part of the Preliminary Freeskate test or any complete Skate Canada test.  
Program Length: 1.5 minutes (+/- 10 seconds)  
**Waltz jump and other ½ rev. jumps, salchow, toe loop, loop and flip but no higher jumps permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Pre-Preliminary A** Must not have passed the complete Preliminary Freeskate test.  
Program Length: 1.5 minutes (+/- 10 seconds)  
**Waltz jump and other ½ rev. jumps, salchow and toe loop but no higher jumps permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Pre-Preliminary B** Must not have passed the complete Preliminary Freeskate test.  
Program Length: 1.5 minutes (+/- 10 seconds)  
**Waltz jump and other ½ rev. jumps, salchow, toe loop, loop and flip but no higher jumps permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Pre-Preliminary STARSkate** Must not have passed the complete Preliminary Freeskate test.  
Program Length: 1.5 minutes (+/- 10 seconds)  
**No jump higher than a single lutz may be included. Please refer to the 2009-2010 Skate Canada WBP requirements.**
- Preliminary A** May have passed the complete Preliminary Freeskate test but no higher complete Freeskate test.  
Program Length: 2.0 minutes (+/- 10 seconds)  
**All single jumps excluding the Axel are permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Preliminary B** May have passed the complete Preliminary Freeskate test but no higher complete Freeskate test.  
Program Length: 2.0 minutes (+/- 10 seconds)  
**All single jumps including the Axel are permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Preliminary STARSkate** May have passed the complete Preliminary Freeskate test but no higher complete Freeskate test.  
Program Length: 2.0 minutes (+/- 10 seconds)  
**All single jumps are permitted. May include ONE double jump from 2S or 2T (may NOT repeat). Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Junior Bronze A** May have passed the complete Junior Bronze Freeskate test but no higher complete Freeskate test.  
Program Length: 2.5 minutes (+/- 10 seconds)  
**All single jumps including the Axel are permitted. Double jumps are not permitted. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**
- Junior Bronze B** May have passed the complete Junior Bronze Freeskate test but no higher complete test.  
Program Length: 2.5 minutes (+/- 10 seconds)  
**All single jumps including the Axel are permitted. One double jump is permitted from 2S, 2T or 2Lo. Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**

**Junior Bronze STARSkate**

May have passed the complete Junior Bronze Freeskate test but no higher complete Freeskate test.

Program Length: 2.5 minutes (+/- 10 seconds)

**All single jumps are permitted. May include maximum of TWO different double jumps from 2S, 2T or 2Lo (may NOT repeat). Please refer to the 2009-2010 Skate Canada – Central Ontario WBP requirements.**

## **SOLO DANCE CATEGORIES**

**Description:** Individual skaters perform the prescribed dance. Music will be Skate Canada Series 8.

**PRE-PRELIMINARY**

Must not have passed the complete Preliminary Dance Test. The following two compulsory dances shall be skated:

*Dutch Waltz, Canasta Tango*

**PRELIMINARY**

Must have passed the complete Preliminary Dance test but not the complete Junior Bronze Dance test. The following two compulsory dances shall be skated:

*Baby Blues, Fiesta Tango*

**JUNIOR BRONZE**

Must have passed the complete Junior Bronze Dance test but not the complete Senior Bronze Dance test. The following two compulsory dances shall be skated:

*Willow Waltz, Fourteenstep*

**SENIOR BRONZE**

Must have passed the complete Senior Bronze Dance test but not the complete Junior Silver Dance test. The following two compulsory dances shall be skated:

*Fourteenstep, Keats Foxtrot*

**JUNIOR SILVER**

Must have passed the complete Junior Silver Dance test but not the complete Senior Silver Dance test. The following two compulsory dances shall be skated:

*Rocker Foxtrot, Paso Doble*

**SENIOR SILVER**

Must have passed the complete Senior Silver Dance test but not the complete Gold Dance test. The following two compulsory dances shall be skated:

*Blues, Quickstep*

**GOLD**

Must have passed the complete Gold Dance test. The following two compulsory dances shall be skated:

*Viennese Waltz, Argentine*

## INTERPRETIVE CATEGORIES

Interpretive programs should meet the requirements as outlined in the Skate Canada STARSkate Competition Technical Package 2009-2010. This package may be found in the Members Only Login of the Skate Canada website [www.skatecanada.ca](http://www.skatecanada.ca)

**Description:** Programs are to be choreographed according to the Skate Canada Interpretive Program requirements. Please see Appendix B. Music for all Interpretive programs is 2.0 to 3.0 minutes (+/- 10 seconds) in length. Vocal music is permitted.

### **PRE-INTRODUCTORY**

Must not have passed any Skate Canada Interpretive Skating test.  
Program length: 2.0 – 3.0 minutes (+/- 10 seconds)

### **INTRODUCTORY**

Must have passed the Introductory Interpretive test but no higher.  
Program length: 2.0 – 3.0 minutes (+/- 10 seconds)

### **BRONZE**

Must have passed the Bronze Interpretive test but no higher.  
Program length: 2.0 – 3.0 minutes (+/- 10 seconds)

### **SILVER**

Must have passed the Silver Interpretive test but no higher.  
Program length: 2.0 – 3.0 minutes (+/- 10 seconds)

### **GOLD**

Must have passed the Gold Interpretive test.  
Program length: 2.0 – 3.0 minutes (+/- 10 seconds)

## PAIR CATEGORIES

Competitors may enter only one category in a discipline (i.e. only one single category but may also enter one pair and/or dance category). **Mixed Couples Only.**

**TEST QUALIFICATION:** as of **November 15** preceding the competition

### **OPEN PAIR**

Each partner must have passed at least the Preliminary Freeskate test. There are no other restrictions.  
Program Length: 2.5 minutes (+/- 10 seconds)

## DANCE CATEGORIES

Competitors may enter only one category in a discipline (i.e. only one singles category but may also enter one pair and/or dance category).

**TEST QUALIFICATION:** as of **November 15** preceding the competition

Dances are to be skated in the order listed. The Number of dance patterns to be skated shall be the same as for Evaluated Tests. Please refer to the Skate Canada Technical Handbook Figure Skating Terms Defined – 3.15(2). Also, please note that dances are to be started such that the first pattern of the dance is on the judges' side of the ice surface.

### **PRELIMINARY DANCE**

At least one partner must have passed the complete Preliminary Dance test and not the complete Junior Bronze Dance test. .  
*Dutch Waltz and Baby Blues*

### **JUNIOR BRONZE DANCE**

At least one partner must have passed the complete Junior Bronze Dance test and not the complete Senior Bronze Dance test.  
*Swing and Fiesta Tango*

### **SENIOR BRONZE DANCE**

At least one partner must have passed the complete Senior Bronze Dance test and not the complete Junior Silver Dance test.  
*Ten Fox and Fourteenstep*

## TRIATHLON

*Entrants in the Triathlon categories must register to compete in the highest level that their test qualification qualifies them for. For example, a skater who has passed the Senior Silver Skating Skills, Bronze Interpretive and Senior Silver Freeskate must compete in Silver Triathlon and can not skate in Bronze Triathlon.*

The specifications for each part of the Triathlon categories are outlined in the Skate Canada STARSkate Competition Technical Package 2009-2010. This package may be found in the Members Login of the Skate Canada website [www.skatecanada.ca](http://www.skatecanada.ca) .

### BRONZE TRIATHLON

- (i) **TEST:** Must have passed at least two of the following tests: Junior Silver Free skate test, and/or Junior Silver Skating Skills test and/or Bronze Interpretive Test
- (ii) **SPECIFICATIONS FOR EVENT:** The Bronze Triathlon shall consist of 3 parts:
- One Bronze Creative Skating Skills Exercise (technical requirements available on the Skate Canada Members Only website) (2.0 minutes maximum)
  - One Bronze Interpretive Program (2.0 to 3.0 minutes +/- 10 seconds in length)
  - One Freeskate program as per the Junior Silver Well Balanced Program requirements (3.5 minutes +/- 10 seconds)

### SILVER TRIATHLON

- (i) **TEST:** Must have passed at least two of the following tests: Senior Silver Freeskate test, and/or Senior Silver Skating Skills test and/or Silver Interpretive Test.
- (iii) **SPECIFICATIONS FOR EVENT:** The Silver Triathlon shall consist of 3 parts:
- One Silver Creative Skating Skills Exercise (technical requirements available on the Skate Canada Members Only website) (2.0 minutes maximum)
  - One Silver Interpretive program (2.0 to 3.0 minutes +/- 10 seconds in length)
  - One Freeskate program as per the Senior Silver Well Balanced Program requirements (Women -3.5 minutes +/- 10 seconds / Men – 4.0 minutes +/- 10 seconds)

### GOLD TRIATHLON

- (i) **TEST:** Must have passed at least two of the following tests: Gold Freeskate test, and/or Gold Skating Skills test and/or Gold Interpretive Test.
- (ii) **SPECIFICATIONS FOR EVENT:** The Gold Triathlon shall consist of 3 parts:
- One Gold Creative Skating Skills Exercise (technical requirements available on the Skate Canada Members Only website) (2.0 minutes maximum)
  - One Gold Interpretive program (2.0 to 3.0 minutes +/- 10 seconds in length)
  - One Freeskate program as per the Gold Well Balanced Program requirements (Ladies 3.5 min +/- 10 seconds, Men 4.0 min +/-10 seconds)

## BIATHLON CATEGORIES

The specifications for each part of the Biathlon events are outlined in the Skate Canada STARSkate Competition Technical Package 2009-2010. This package maybe found in the Members Only section of the Skate Canada website at [www.skatecanada.ca](http://www.skatecanada.ca). Biathlon dance teams may be composed of two girls, one girl and one boy or two boys. One partner must skate the girl's steps and one partner must skate the boy's steps.

### **Bronze Dance Biathlon**

**TEST:** At least one partner must have passed the complete Junior Silver Dance test (and no higher)

**SPECIFICATIONS:** This competition shall consist of 2 parts:

- **COMPULSORY DANCES:** *European Waltz and Rocker Foxtrot*
- **BRONZE CREATIVE DANCE:** One selection of Skate Canada or ISU music or a free choice of music selected from the compulsory dance rhythms of the Senior Bronze Dance Test. No time requirement. The specifications and requirements for a well-balanced program are available on the Members Only section of the Skate Canada website.

**N.B. Events to be skated in the order listed**

### **Silver Dance Biathlon**

**TEST:** At least one partner must have passed the complete Senior Silver Dance test (and no higher).

**SPECIFICATIONS:** This competition shall consist of 2 parts:

- **COMPULSORY DANCES:** *Harris Tango and Kilian*
- **SILVER CREATIVE DANCE:** A 2.0 minute (+/- 10 seconds) dance created to Skate Canada or ISU music or a free choice of music selected from the compulsory dance rhythms of the Senior Silver Dance Test. The specifications and requirements for a well-balanced program are available on the Members Only section of the Skate Canada website.

**N.B. Events to be skated in the order listed**

### **Gold Dance Biathlon**

**TEST:** At least one partner may have passed the complete Gold Dance test.

**SPECIFICATIONS:** This competition shall consist of 2 parts:

- **COMPULSORY DANCES:** *Paso Doble and Blues*
- **GOLD CREATIVE DANCE:** A 2.5 minute (+/- 10 seconds) dance created to Skate Canada or ISU music or a free choice of music selected from the compulsory dance rhythms of the Gold Dance and/or Diamond Dance Tests. The specifications and requirements for a well-balanced program are available on the Members Only section of the Skate Canada website.

**N.B. Events to be skated in the order listed**

## **SYNCHRONIZED SKATING CATEGORIES**

A category may not be held if there is only one entry. Teams will be notified by the registrar if they are the only entry and if they wish to skate an exhibition they must let the registrar know. Teams skating an exhibition will be given CPC scores and will receive a report card for their performance

2009 ISU approved amendments will be applicable. **All free programs in the 2009-2010 competitive season must meet the well balanced program requirements established by Skate Canada.**

**Short and Freeskate programs are combined categories in this competition. In categories where there is no short program, teams will skate the free program twice except Beginner I. *Beginner I* will skate the free program only once in keeping with the LTAD model and the CPC system.**

### **BEGINNER I**

A team of 8 - 16 skaters.  
No age limit (recommend skaters working on CanSkate Stage 4 or higher).  
PROGRAM LENGTH - 2:00 minutes (+/- 10 seconds)

### **BEGINNER II**

A team of 8 - 16 skaters.  
Skaters must not have reached the age of 12 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters must not have reached the age of 10 as of July 1st preceding the competition.  
PROGRAM LENGTH - 2:30 minutes (+/- 10 seconds)

### **ELEMENTARY**

A team of 8 - 16 skaters.  
Skaters must not have reached the age of 15 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters must not have reached the age of 12 as of July 1st preceding the competition.  
PROGRAM LENGTH - 2:30 minutes (+/- 10 seconds)

### **JUVENILE**

A team of 8 - 16 skaters.  
Skaters must not have reached the age of 15 as of July 1<sup>st</sup> preceding the competition.  
PROGRAM LENGTH - 3:00 minutes (+/- 10 seconds)

### **PRE-NOVICE**

A team of 8 - 16 skaters.  
Skaters must not have reached the age of 19 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters must have reached the age of 10 as of July 1st preceding the competition.  
PROGRAM LENGTH - 3:00 minutes (+/- 10 seconds)

### **NOVICE**

A team of 12 - 16 skaters.  
Skaters must have reached the age of 10 as of July 1st preceding the competition. 75% of skaters must not have reached the age of 15, and up to 25% must not have reached the age of 19 as of July 1st preceding the competition.  
PROGRAM LENGTH - 3:30 minutes (+/- 10 seconds)

### **ADULT CLASS II**

A team of 8 - 20 skaters.  
Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 25 as of July 1st preceding the competition.  
PROGRAM LENGTH - 3:30 minutes (+/- 10 seconds)

### **ADULT CLASS III**

A team of 8 - 20 skaters.  
Skaters must have reached the age of 25 as of July 1st preceding the competition. At least 50% of the skaters must have reached the age of 35 as of July 1st preceding the competition.  
PROGRAM LENGTH - 3:30 minutes (+/- 10 seconds)

## ADULT CATEGORIES

### QUALIFICATIONS FOR ENTRY

Skaters entering must be 18 years of age or older.

The following age categories may apply to Free Skating and Interpretive categories if there are a sufficient number of entries:

<b>Class I</b>	18 – 24 years
<b>Class II</b>	25 - 35 years
<b>Class III</b>	36 - 45 years
<b>Class IV</b>	46 – 55 years
<b>Class V</b>	56 years & over

All age categories may be divided or combined depending on the number of registrations and at the discretion of the Technical Representative and/or the Competition Committee. Men's and ladies' singles categories may not be combined. The Competition Committee also reserves the right to alter age categories should it be deemed necessary for the betterment of the event.

## ADULT FREESKATE

**Free Skating programs should meet the requirements as outlined in the Skate Canada Adult Competition Technical Package 2009-2010. This package may be found in the Members Only login of the Skate Canada website [www.skatecanada.ca](http://www.skatecanada.ca) .**

### **Adult Bronze Free Skating**

- (i) TEST: Must not have passed the complete Junior Bronze Free Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One free skating program of maximum 2 minutes 40 seconds in length. Program time may be shorter.

### **Adult Silver Free Skating**

- (i) TEST: Must have passed the complete Junior Bronze Free Skate test but not the complete Senior Bronze Free Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One free skating program of maximum 3 minutes 10 seconds in length.

### **Adult Gold Free Skating**

- (i) TEST: Must have passed the complete Senior Bronze Free Skate test, but not the complete Junior Silver Free Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One free skating program of maximum 3 minutes 40 seconds in length.

### **Adult Masters Free Skating**

- (i) TEST: Must have passed the complete Junior Silver Free Skate test or higher, but no competitive Singles test.
- (ii) SPECIFICATIONS FOR EVENT: One free skating program of maximum 4 minutes 10 seconds in length.

### **Adult Competitive Free Skating**

- (i) TEST: Must have passed a complete Competitive Singles Free Skate test. The Adult competitive category will not be divided by age class unless entry numbers warrant.
- (ii) SPECIFICATIONS FOR EVENT: One free skating program of maximum 4 minutes 10 seconds in length.

## ADULT INTERPRETIVE

### Pre-Introductory Adult Interpretive

- (i) **TEST:** Must not have passed any Skate Canada Interpretive Skating test.\*
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length..

### Introductory Adult Interpretive

- (i) **TEST:** Must have passed the Introductory Interpretive test but no higher Interpretive test.\*
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### Bronze Adult Interpretive

- (i) **TEST:** Must have passed the Bronze Interpretive test but no higher Interpretive test. \*
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### Silver Adult Interpretive

- (i) **TEST:** Must have passed the Silver Interpretive test but no higher Interpretive test. \*
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

### Gold Adult Interpretive

- (i) **TEST:** Must have passed the Gold Interpretive test.\*
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length.

\* Skaters will be further divided by age and/or free skate, dance and skating skills test level at the discretion of the Technical Representative.

## ADULT DANCE

**COMPOSITION OF PARTNERS:** Dance events may be comprised of two women or two men (one performing the partners steps), or one woman and one man. Similar and mixed couples may compete against each other.

**Note:** Series 8 music will be used exclusively for the Dance event. Compulsory Dances will perform the number of dance sequences that are noted in the 2009/2010 Adult Skate Technical Package.

### Junior Bronze Adult Dance

- (i) **TEST:** At least one partner must have passed the complete Preliminary Dance test, but not the complete Senior Bronze Dance test.
- (ii) **SPECIFICATIONS FOR EVENT:**
  - Swing and Fiesta Tango

### Senior Bronze Adult Dance

- (i) **TEST:** At least one partner must have passed the complete Senior Bronze Dance test but not the complete Junior Silver Dance test.
- (ii) **SPECIFICATIONS FOR EVENT:**
  - *Fourteenstep and Ten Fox*

### Junior Silver Adult Dance

- (i) **TEST:** At least one partner must have passed the complete Junior Silver Dance test but not the complete Senior Silver Dance test.
- (ii) **SPECIFICATIONS FOR EVENT:**
  - *European Waltz and Harris Tango*

## Senior Silver Adult Dance

- (i) **TEST:** At least one partner must have passed the complete Senior Silver Dance test but not the complete Gold Dance test.
- (ii) **SPECIFICATIONS FOR EVENT:**
- *Rocker Foxtrot and Starlight Waltz*

## Gold Adult Dance

- (i) **TEST:** At least one partner must have passed the complete Gold Dance test or higher.
- (ii) **SPECIFICATIONS FOR EVENT:**
- *Paso Doble and Westminster Waltz*

## Diamond Adult Dance

- (iii) **TEST:** At least one partner must have passed the complete Gold Dance test or higher.
- (iv) **SPECIFICATIONS FOR EVENT:**
- *Paso Doble and Westminster Waltz*

## ADULT FREE DANCE

### Adult Silver Free Dance

#### **SPECIFICATIONS FOR EVENT:**

- One free dance of maximum 2 minutes 40 seconds. Vocal music is permitted. Program may be shorter. Competitors must perform a well balanced program according to the requirements in the 2009/2010 Adult Skate Technical Package found on the Members Login page at [www.skatecanada.ca](http://www.skatecanada.ca).

### Adult Gold Free Dance

#### **SPECIFICATIONS FOR EVENT:**

- One free dance of maximum 3 minutes 10 seconds. Vocal music is permitted. Program may be shorter. Competitors must perform a well balanced program according to the requirements in the 2009/2010 Adult Skate Technical Package found on the Members Login page at [www.skatecanada.ca](http://www.skatecanada.ca).

## ADULT PAIR

**Composition of Partners:** Pair events must be comprised of one woman and one man

### Adult Pair

#### **SPECIFICATIONS FOR EVENT:**

- **One pair program of maximum 3 minutes 10 seconds. Program time may be shorter.** Competitors must perform a well balanced program according to the requirements in the 2009/2010 Adult Skate Technical Package found on the Members Login page at [www.skatecanada.ca](http://www.skatecanada.ca).

### Adult Masters Pair

#### **SPECIFICATIONS FOR EVENT:**

- **One pair program of maximum 3 minutes 10 seconds. Program time may be shorter.** Competitors must perform a well balanced program according to the requirements in the 2009/2010 Adult Skate Technical Package found on the Members Login page at [www.skatecanada.ca](http://www.skatecanada.ca).