

## AJAX SKATING CLUB FALL/WINTER SCHEDULE - September 21, 2009 to March 27, 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY		
PAD 1	PAD 2	PAD 2	PAD 1	PAD 2	PAD 2	PAD 2	PAD 2		
5:20 PM - FLOOD	4:00 PM - FLOOD	<b>FOR PARENT &amp; TOT</b> (Please see note below for Start Dates)				4:00 PM - FLOOD	10:00 AM - FLOOD		
	<b>SENIOR</b> 4:10 - 5:10 (60 min)					<b>SYNCHRO</b> 4:10 - 7:00 (2 hr 50 min.)	<b>CanSkate</b> 10:10 - 11:10 (60 min)	<b>CanSkate for PreSchool</b> 10:25 - 10:55 (30 min)	
		5:00 PM -			5:00 PM - FLOOD				
	<b>JUNIOR</b> 5:10 - 6:10 (60 min)	<b>JUNIOR</b> 5:10 - 6:20 (70 min)	5:30 PM - FLOOD		<b>INTERMEDIATE</b> 5:10 - 6:20 (70 min)			<b>CanSkate</b> 11:10 - 12:10 (60 min)	<b>CanSkate for PreSchool</b> 11:25 - 11:55 (30 min)
			<b>SYNCHRO</b> 5:40 - 6:30 (50 min)	6:00 PM - FLOOD					
	6:10 PM - FLOOD			<b>CanSkate for Hockey/Ringette</b> 6:10 - 6:40 (30 min)			6:20 PM - FLOOD		
	<b>CanSkate</b> 6:20 - 7:20 (60 min)	<b>CanSkate &amp; CanSkate for Hockey/Ringette</b> 6:20 - 7:20 (60 min)		<b>CanSkate for PreSchool</b> 6:40 (30 min)			<b>JUNIOR</b> 6:30 - 7:40 (70 min)	<b>INTERMEDIATE</b> 12:20 - 1:40 (80 min)	<b>SENIOR</b> 12:20 - 1:40 (80 min)
	<b>CanSkate for PreSchool</b> 6:35 - 7:05 (30 min)			<b>CanSkate</b> 6:40 - 7:40 (60 min)					
	7:20 PM - FLOOD	7:20 PM -							
	<b>INTERMEDIATE</b> 7:30 - 9:00 (90 min)	<b>SYNCHRO</b> 7:30 - 9:00 (90 min)		7:40 PM - FLOOD			7:40 PM - FLOOD	1:40 PM - FLOOD	
				<b>INTERMEDIATE</b> 7:50 - 9:00 (70 min)	<b>SENIOR</b> 7:50 - 9:00 (70 min)		<b>SENIOR</b> 7:50 - 9:00 (70 min)	<b>JUNIOR</b> 1:50 - 3:00 (70 min.)	

### CanSkate Programs:

See brochure for description of programs and qualifications.

Hockey-style CSA approved helmets are **MANDATORY** for ALL SKATERS. Full equipment is recommended for CanSkate for Hockey/Ringette Skills (formerly Power Skating).

### StarSkate (Junior, Intermediate, Senior)

All skaters entering the StarSkate program must have a private coach. All sessions include time for warm-up/stroking, freeskate and dance.

Skaters must skate at the level they qualify for; any exceptions require Board approval. See brochure for program description and qualifications.

### SYNCHRO

NOTE: Registration is separate from regular Ajax Skating Club Registration

Please refer to our website for additional details.

Schedule subject to change based on enrollment - see Calendar for cancellations due to special events

**\*\*Canskate for Parent & Tot:** Session runs from Nov 3 to Dec 22, 2009 and Winter Session runs from Feb 2 to Mar 23, 2010

*Ajax Skating Club*  
**Spring Schedule - April 6th to May 20th, 2010**

<b>AJAX SKATING CLUB</b>					
<b>SPRING SCHEDULE - APRIL 6, 2010 TO MAY 20, 2010</b>					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	
PAD 4	PAD 4	PAD 4	PAD 4	PAD 4	
4:00 PM - FLOOD				10:00 AM - FLOOD	
<b>SENIOR</b> 4:10 - 5:10 (60 min)				<b>CanSkate</b> 10:10 - 11:10 (60 min)	<b>CanSkate for PreSchool</b> 10:25 - 10:55 (30 min)
5:00 PM - FLOOD				5:00 PM - FLOOD	
<b>JUNIOR</b> 5:10 - 6:10 (60 min)	<b>JUNIOR</b> 5:10 - 6:20 (70 min)		<b>INTERMEDIATE</b> 5:10 - 6:20 (70 min)	<b>CanSkate</b> 11:10 - 12:10 (60 min)	<b>CanSkate for PreSchool</b> 11:25 - 11:55 (30 min)
6:10 PM - FLOOD		6:00 PM - FLOOD		12:10 PM - FLOOD	
<b>CanSkate</b> 6:20 - 7:20 (60 min)	<b>CanSkate &amp; CanSkate for Hockey/ Ringette</b> 6:20 - 7:20 (60 min)	<b>CanSkate for PreSchool</b> 6:35 - 7:05 (30 min)	<b>CanSkate for Hockey / Ringette</b> 6:10 - 6:40 (30 min)	<b>INTERMEDIATE</b> 12:20 - 1:40 (80 min)	<b>SENIOR</b> 12:20 - 1:40 (80 min)
7:20 PM - FLOOD		6:20 PM - FLOOD		6:20 PM - FLOOD	
<b>INTERMEDIATE</b> 7:30 - 9:00 (90 min)	<b>CanSkate for Adult/Teens *</b> 7:20 - 8:00 (40 min)	<b>CanSkate</b> 6:40 - 7:40 (60 min)	<b>CanSkate for PreSchool</b> 6:55 - 7:25 (30 min)	<b>JUNIOR</b> 6:30 - 7:40 (70 min)	
7:20 PM - FLOOD		7:40 PM - FLOOD		7:40 PM - FLOOD	
		<b>INTERMEDIATE</b> 7:50 - 9:00 (70 min)	<b>SENIOR</b> 7:50 - 9:00 (70 min)	<b>SENIOR</b> 7:50 - 9:00 (70 min)	
7:40 PM - FLOOD				1:40 PM - FLOOD	
				<b>JUNIOR</b> 1:50 - 3:00 (70 min.)	

**CanSkate Programs:**

See brochure for description of programs and qualifications.

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\* Teens must be at least 14 years old and not currently enrolled in our programs.

**StarSkate (Junior, Intermediate, Senior)**

All skaters entering the StarSkate program must have a private coach. All sessions include time for warm-up/stroking, freeskate and dance.

Skaters must skate at the level they qualify for; any exceptions require Board approval. See brochure for program description and qualifications.

Schedule subject to change based on enrollment - see Calendar for cancellations due to special events